

Critical Care Symposium

Moderator Dr Zahra Rafiq

22-Aug-2024 (Thursday)

Time	Schedule		Speaker
09:00 AM	Welcome note & Recitation		Dr. Abdul Naeem
09:05-09:10	IBCAST Introduction		Dr. Zeeshan Perwaiz
09:10 -09:30	Lecture 1	ICU Infection Control & Sepsis	Prof.Nasim Akhtar
09:30-09:50	Lecture 2	Respiratory Failure & Mechanical Ventilation	Dr.Abdul Naeem
09:50 -10:10	Lecture 3	When not to dialyze the patient in ICU	Dr.Nadeem Murtaza
10:10 -10:25	Lecture 4	Nutritional Assessment in ICU	Madiha Zubair
10:25 – 10:45	Lecture 5	Difficult airway management	Prof. Jawad Zaheer
10:45 – 11:05	Lecture 6	Role of POCUS in Critical Care	Dr.Umer Kaleem
11:05 – 11:15		Q & A Session	
11:15 -11:30	Tea Break		
11:30 -12:00	Workshop 1	MV Training	Dr.Salman Shafique
12:00 -12:30	Workshop 2	Difficult airway management	Prof. Jawad Zaheer
12:30 – 01:00	Workshop 3	POCUS – Hand on Training	Dr.Umer Kaleem
01:00 – 01:15	Session Ceremony		
01:30PM	End of Session		

Dr. Ayesha Waqar Niazi
Programme Coordinator IBCAST (MS Track)
Deputy Director Medicine
HOD Medicine, IMC NESCOM

Dr. Zeeshan Perwaiz
Deputy Programme Coordinator IBCAST (MS Track)
Deputy Director Medicine
Director NESCOM (NDC)

Dr. Nasir Mushtaq
Admin Coordinator IBCAST (MS)
drnasir1980@yahoo.com
0323-8556493



21st IBCAST-2024

International Bhurban Conference
on Applied Sciences & Technology

August 19 - 22, 2024

Medical
Sciences

Venue: Officers Mess, H-11 Islamabad

Pain Management Symposium

Navigating the Pain Journey - Patient Centered Care

Moderator: Dr Silwat Sethi

Date: 19-Aug-2024 (Monday)

Time	Activity	Speaker
0900-0905	Recitation / National Anthem	Recorded
0905-0910	Introduction	Dr Silwat Sethi
0910-0915	Welcome Note	Dr Ayesha Waqar
0915-0920	Welcome speech	Dr. Aisha Zeeshan
0920-0940	Pain – Various Disciplines	Dr. Samina Sattar
0940-1000	Shoulder Joint	Dr. Salman A Saleem
1000-1030	Cancer Pain Management	Dr. Tahir Akbar
1030-1100	Backache	Dr. Sara Haider Malik
1100-1120	Knee Joint	Dr. Sajjad
1120-1140	Tea Break	
1140-1210	Labour Analgesia	Prof. Dr. Saleh Khasskheli
1210-1230	Role of Physiotherapy in Pain Management	Dr. Huma Riaz
1230-12450	Remarks	Panel of Experts
1245-1255	Q&A	
1255-1300	Vote of Thanks	Dr. Kiran Ghauri
1300-1315	Concluding Remarks	DGMS
1320-1330	Concluding ceremony	IBCAST
Lunch		
Hands On Workshop		
1345-1500	Sonoanatomy Knee Joint HIP & Piriform SI Joint	Dr. Khalil Dr. Sajjad Dr. Sara Haider Malik
1500	Vote of Thanks and closing	Dr. Aziz Rehman

Gynecology Symposium

Menopause Women Health in midlife & Beyond

Moderator Dr Mahiba Mehboob

Date: 20-Aug-2024 (Tuesday)

Time	Activity	Speaker
0930-0935	Recitation / National Anthem	Recorded
0935-0940	Welcome Note	Dr. Ayesha Waqar
0940-1000	Welcome speech by Chairperson	Prof/Dr Ghazala Mehmud
1000-1050	Menopause in the subcontinent bane and boon	Prof. Dr. Syeda Batool Mazhar
1050-1110	Tea Break	
1110-1150	Menopause- A Dilemma	Prof. Dr. Rizwana Chaudhary
1150-1205	QUIZ	
1205-1235	Prescribing HRT – The local context	Prof/Dr Shams un Nisa
1235-1305	Hysteroscopic evaluation and treatment of abnormal uterine bleeding in perimenopausal women	Dr Mussarat Sultana
1305-1320	Panel Discussion	
1320-1330	Q & A	
1330-1345	Certificate and shield distribution	
Lunch		

Pediatric Orthopedic Live Surgery Workshop

Moderator Dr Hussain Wahab

Date: 20-Aug-2024 (Tuesday)

Time	Activity	Experts
Live Surgery Workshop		
0900-0905	Recitation / National Anthem	Recorded
0905-0910	Introduction IBCAST	Dr Zeeshan Perwaiz
0910-0915	Welcome Note	Dr Salik Kashif
0915-1100	Live surgery OT- I	Dr. Guney Yilmaz Dr. Syed M Danish
1100-1130	Tea Break	
1130-1300	Live Surgery OT- II	Dr. Talal Ibrahim Dr. Salik Kashif Dr. Osama Inayat
Lunch and Prayers Break		
Closing Ceremony		

Pediatric Orthopedic Symposium

Moderator : Dr Hussain Wahab

Date: 21 - Aug - 2024 (Wednesday)

Time	Activity	Speaker
0900-0905	Recitation / National Anthem	Recorded
0905-0910	Introduction	Dr Hussain
0910-0915	Welcome Note	Dr Zeeshan Perwaiz
0915-0930	Visual Gait Analysis	Dr. Salik Kashif
0930-0950	How to approach a limping child	Dr. Javed Iqbal
0945-1015	Orthopedic Management of CP	Dr. Guney Yilmaz
1015-1045	Controversies in Perth's Disease	Dr. Talal Ibrahim
1045-1100	Case Presentation	Dr. Javed Iqbal
1100-1120	Tea Break	
1120-1140	A systematic approach to flat foot deformity in children	Dr. Dilwaiz Nadeem
1140-1200	Pediatric lower limb deformity – acute or gradual correction	Dr. Guney Yilmaz
1200-1215	Pelvic osteotomies for DDH	Dr. Sikander Hayat
1215-1230	Metabolic Bone Disease	Dr. Hussain Wahab
1230-1250	Acute Septic Arthritis	Dr. Anis ud Din
1250-1300	Shield distribution	DGMS
1300-1315	Concluding ceremony	IBCAST
1315-1400	Lunch & Prayer Break	
1400-1430	Case Base Discussion	Dr. Talal Ibrahim
1430-1445	Monteggia fracture dislocation management	Dr. Salik Kashif
1445-1510	An Approach to gradual lower limb paralysis in children	Dr.Farhan Ali
1510-1530	An approach to patellofemoral instability	Dr. Salik Kashif
1530	Vote of Thanks	Dr Danish